Ion regulation in double-network hydrogel module with ultrahigh thermopower for low-grade heat harvesting

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\textbf{ABSTRACT}

Harvesting low-grade heat as source of electrical power has emerged as a research frontier for self-powered wearable devices, as a promising route to overcome challenges associated with limited access to grid power. However, such promise is compromised by current attainable thermopowers and constraints of rigid or complicated thermoelectric systems. We report an ultrahigh thermopower of 19.32 mV K\textsuperscript{-1} on a stretchable thermoelectric module by the assembly of porous electrodes and hybrid hydrogel, containing 1-ethyl-3-methylimidazolium and tetrafluoroborate ions and polyethylene glycol. The anions act as charge carrier; for the first time, distinct ion mobilities are directly measured by 2D-diffusion-ordered nuclear magnetic resonance spectroscopy. By regulating ion transport via the synergy of selective ion-localization and thermo-osmotic mechanism, such design provides an effective strategy to increase thermopower, and our device is endowed with high output power density, tailorable architecture, and excellent stretchability, which is showcased in a thermoelectric wristband for body heat recovery.

1. Introduction

From primary power generation to data centers and even human bodies, extracting energy from ubiquitous source of heat with temperature less than 100 °C has been a fast-moving research frontier due to the abundance and inexpensiveness of low-grade heat [1]. Especially, the emerging demands for ever-expanding array of wearable electronics for health monitoring call for off-grid environmental energy capture, and there is a resurging interest of body heat because of its accessibility, sustainability, and environmental benign nature. In addition to easy adoption to wearable power supply, new materials and modules of mechanical flexibility and tailorable architecture are desirable [2–4].

To convert low-grade heat into electricity, two types of mechanisms are often found in common modules: the Seebeck effect of thermoelectric semiconductors (TEs) and thermogalvanic effect of thermo-electrochemical cells (TECs). The former is based on the temperature-induced transport of electrons or holes, which carry both charge and heat. The Seebeck coefficient (Se) is depicted as the entropy transported per charge transported. The strong dependence of Se on carrier concentration in such semiconductors is manifestation of an effective mass of the carrier near the Fermi surface [5,6]. Even the most promising TEs are limited by Se of sub-mV K\textsuperscript{-1} [7–9]. As a consequence, to drive common electronic sensors at a few volts, it requires assembling thousands of n-type and p-type thermopiles.

At first glance, a remarkable advantage of voltage output can be brought by aqueous TECs as they rely on redox reactions. The entropy change associated with specific redox couple in TECs often sets the temperature coefficient (α) to a few mV K\textsuperscript{-1}, which still barely affords sufficient voltage with single layer of few stacks [2]. Meanwhile, the complexity and reliability issues associated with the aqueous system may arise since thermogalvanic cell (TGC) or thermally regenerative electrochemical cycle (TREC) [10,11], require special cell configurations or undergo four-stage settings, respectively [2,3].

Leveraging the richness of ions as charge carriers, ionic thermoelectric systems (i-TEs) provide alternative route to improve thermopower (S) via the Soret effect [12–15]. Such optimism is supported by recent discovery of an impressive $S_i$ of 24 mV K\textsuperscript{-1} in an aqueous solution with a cellulose membrane, while sodium cation (Na\textsuperscript{+}) is mobile while hydroxide anion (OH\textsuperscript{-}) is localized [12]. Yet, the encapsulation of the aqueous system limits the compatibility to wearable power supply [3].
Here we report a quasi-solid-state i-TE using a hydrogel comprising 1-ethyl-3-methylimidazolium tetrafluoroborate (EmimBF4) ionic liquid (IL) and polyethylene glycol (PEG) polymer, which not only imbibes great water content and swells dissolving salts, but also provides substantial polymer chains and functional groups for regulation of ion transport [16]. The anions perform as charge carrier and for the first-time distinct ion mobilities are directly observed by 2D-diffusion-ordered spectroscopy (DOSY) nuclear magnetic resonance (NMR). This newly designed i-TE exhibits giant Si and high output power density. Additionally, our i-TE can be made in a variety of sizes and shapes, and of which the excellent stretchability is showcased in a thermoelectric wristband (Fig. 1A), paving the way for new forms of low-grade heat harvesters for wearable power supply.

2. Results and discussion

2.1. Thermoelectric performance

To elaborate the regulation of ion transport in the hydrogel, we conducted experiments on a model system of polyacrylamide and alginate (Pam-alginate) double-network hydrogel containing EmimBF4 IL and PEG (Fig. 1B), sandwiched by nanoporous carbon paper (CP) electrodes, which are permeable to water and vapor (Fig. S1), connecting with titanium (Ti) leads. The entire system is sealed by a polyolefin wrap for preventing water loss. We named it as Pam-alginate/EmimBF4/PEG and Fig. 1C schematically illustrates our proposed mechanism. In a binary ionic system, the thermovoltage ($V_{thermal}$) is produced by asymmetric ion accumulation across hot and cold electrodes, which is proportional to the difference in mobility between cation and anion [17]. In the absence of temperature difference, the high water content in the Pam-alginate hydrogel benefits to a complete dissociation of Emim$^+$ and BF$_4^–$. When a temperature gradient is built across two nanoporous CP electrodes, local vapor pressure is developed proportional to the pore scale, magnifying the pump force as a function of surface tension driven by local temperature. The change in vapor pressure promotes a higher water evaporation rate towards the hot end, driving a net ion flux with water convection [18]. Indeed, we observed the condensation of water droplets at the cold end, similar to the circulation of water in heat pipes. Here, BF$_4^–$ anion is electrostatically repelled by the hydrogel matrix containing carboxylate groups, becoming more mobile than Emim$^+$ cation, whereas Emim$^+$ experiences electrostatic attraction from the hydrogel matrix and meanwhile PEG chains provide additional hydrogen bonding to selectively localize Emim$^+$ [19,20]. As a result, the accumulation of BF$_4^–$ within the hydrogel is highly dependent on local temperature, while Emim$^+$ are condensed on the PEG chains and the hydrogel matrix. In our study, an excessive charge at the hot electrode due to accumulation of BF$_4^–$ is responsible for the observed voltage $V_{thermal}$.

Analogous to Se in TEs, the thermopower is calculated as $S_i = -V_{thermal}/\Delta T$ for i-TEs at a given temperature difference ($\Delta T$) [10]. Fig. 2A shows the $V_{thermal}$ versus $\Delta T$ plot of a Pam-alginate/EmimBF4/PEG, which was made by an optimized two-step electrolyte infiltration process in 1.3 M EmimBF4 for 16 h and 0.05 g ml$^{-1}$ PEG for 1 h. (Unless otherwise stated, the Pam-alginate/EmimBF4/PEG were prepared as described above.) We also conducted a series of experiments by varying the EmimBF4 and PEG compositions from which the Pam-alginate/EmimBF4/PEG was prepared (see Supplementary Note 1, Figs. S2–S6). The $V_{thermal}$ gradually changes from 2.9 mV to $-34.3$ mV when a $\Delta T$ of 2.3 $^\circ$C is built between two CP electrodes and the $V_{thermal}$ further changes to $-72.1$ mV at a $\Delta T$ of 3.9 $^\circ$C and so forth. The $S_i$ of this Pam-alginate/EmimBF4/PEG champion sample is calculated to be 19.32 mV K$^{-1}$ (Fig. 2B), ranks among the highest reported thermopowers (Fig. 2C) [2, 4,12,13,21–29]. Unlike the situation in TEs or i-TEs with solid electrodes (e.g., gold films), the water permeability of the porous electrode is dependent on the osmotic state of hydrogel at given temperatures in our system (see Supplementary Note 2). Herein, Pam-alginate/EmimBF4/PEG is paired up with nanoporous CP electrodes, where the ion transport is governed by temperature-induced vapor pressure difference and selective cation-localization within the hydrogel collectively. In comparison, we present the results in Fig. S7 when graphite sheet and Au foil are used as electrodes impermeable to water. In these cases, the water evaporation through the electrode at the hot end was prohibited.

Fig. 1. Pam-alginate/EmimBF4/PEG. (A) Digital image of a thermoelectric wristband made of Pam-alginate/EmimBF4/PEG. (B) System of Pam-alginate/EmimBF4/PEG consisting of Pam-alginate hydrogel electrolyte including EmimBF4 IL and PEG, nanoporous CP electrodes, Ti conductors and polyolefin wrap. (C) Schematic illustration of generating thermovoltage in Pam-alginate/EmimBF4/PEG.
so that the ion transport was dominated by the thermo-diffusion of BF$_4^-$ towards the cold electrode, leading to a negative thermopower ranging from $-1.09$ mV K$^{-1}$ to $-0.81$ mV K$^{-1}$. Especially, a positive thermopower of $0.56$ mV K$^{-1}$ was obtained when the Au foil was replaced by Au mesh with pore size of 150 $\mu$m (Fig. S7). These findings highlight the key effect of transpiration-driven ion transport to the augmented thermomopower in our system.

2.2. Regulation of ion transport

Pam-alginate hybrid hydrogel is chosen as the matrix for IL in this work because first of high water content of $\sim$86%, which allows the sufficient dissociation of two ionic species (i.e., Emim$^+$ and BF$_4^-$) [30]. Our strategy is inspired by the unique hydrogel under sharks’ skin that can translate the abrupt thermal stimulus into an electric stimulus based on small shifts in local ionic concentration [31,32]. The second prerequisite is that the Pam-alginate double-network hydrogel possesses substantial carboxyl functional groups on alginate chains which exert electrostatic attraction to Emim$^+$ but repulsion to BF$_4^-$ (as illustrated in Fig. 3A). Third, the PEG long chains are physically entangled with the hydrogel matrix, meanwhile, selectively impede the ion transport of Emim$^+$ through hydrogen bonding [19,20], which help to enlarge the disparity in the mobility between Emim$^+$ and BF$_4^-$.

To test our hypothesis on the electrostatic modulation of the hydrogel matrix for regulating ion transport, the control experiments were conducted on pure Pam/EmimBF$_4$, pristine Pam-alginate/EmimBF$_4$ and pure alginate/EmimBF$_4$, exhibiting the $S_i$ of 2.13 mV K$^{-1}$, 5.61 mV K$^{-1}$ and 20.7 $\mu$V K$^{-1}$, respectively (Fig. S8). In a pure Pam/EmimBF$_4$ with a water content of $\sim$90%, the anions are easier to move than the cations since the volume of BF$_4^-$·H$_2$O complex is smaller than that of Emim$^+$·H$_2$O complex [30]. In the pristine Pam-alginate/EmimBF$_4$, a higher $S_i$ is observed because the electrostatic attraction of carboxyl group on alginate impedes the ion transport of Emim$^+$ whereas that of BF$_4^-$ through the hydrogel is facilitated by the electrostatic repulsion of carboxyl group, inducing an enlarged disparity in mobility between Emim$^+$ and BF$_4^-$.

The signal intensity ($I$) attenuation in terms of pulse-field gradient strength ($G$) was used to calculate the diffusion coefficient based on the Stejskal-Tanner equation (Fig. S12 and Fig. S13) [35]. Fig. 3D depicts that the diffusion coefficient of Emim$^+$ ($D_+$) decreases by $\sim$84% from $6.44 \times 10^{-6}$ cm$^2$ s$^{-1}$ to $1.03 \times 10^{-6}$ cm$^2$ s$^{-1}$ when 10 mg ml$^{-1}$ PEG is added, which decreases further with increasing PEG concentration. The diffusion coefficient of BF$_4^-$ ($D_-$) is larger than $D_+$ at all PEG doses, which exhibits only a 4% reduction in the presence of 10 mg ml$^{-1}$ PEG (from $1.22 \times 10^{-5}$ cm$^2$ s$^{-1}$ to $1.17 \times 10^{-5}$ cm$^2$ s$^{-1}$). We also performed the first study to measure the diffusion coefficient of Emim$^+$ in the hydrogel by employing gel-phase $^1$H DOSY NMR. The $D_+$ reveals a drastic reduction of 93% after introducing PEG into the hydrogel (Fig. S14). It is noteworthy that the decrease of $D_+$ with respect to
adding PEG in the Pam-alginate hydrogel is more significant than that in the aqueous solution as Emim$^+$ are further localized by PEG chains entangling with the hydrogel matrix. Moreover, the in-situ heating was applied to 2D DOSY NMR for EmimBF$_4$ aqueous solution with 10 mg ml$^{-1}$ PEG. The thermally activated BF$_4^-$ exhibits the $D_a$ increasing from $1.17 \times 10^{-5}$ cm$^2$s$^{-1}$ at 21 $^\circ$C to $1.73 \times 10^{-5}$ cm$^2$s$^{-1}$ at 40 $^\circ$C. In contrast, $D_a$ barely rises with elevating temperature, indicating that Emim$^+$ is firmly anchored by PEG (Fig. S15), conducing to the asymmetric ion transport of BF$_4^-$ and Emim$^+$ in response to temperature. Here, the mobile anions predominantly behave as charge carrier in the Pam-alginate hydrogel mediated by PEG, which is distinguished from most of i-TEs relying on small cations such as Na$^+$ and H$^+$ [12,13].

On the other hand, Fig. S16A shows the Raman spectra of Pam, alginate, EmimBF$_4$, and PEG. The Raman spectrum of Pam-alginate/EmimBF$_4$/PEG was characterized by comparing the presence of the absorption bands with each pure component, which is in good agreement with the spectral overlap of all components (Fig. S16B). Exceptionally, there are two overlapping Raman bands located at 3173 cm$^{-1}$ for pure EmimBF$_4$, which are assigned to ring CHCH symmetric stretching and ring symmetric stretching [36]. A blue shift to 3178 cm$^{-1}$ is observed in the Raman spectrum of Pam-alginate/EmimBF$_4$/PEG, suggesting the strong confinement of Emim$^+$ on PEG via hydrogen bond [37-39].

### 2.3. Material characterization of Pam-alginate/EmimBF$_4$/PEG electrolyte

Electrochemical impedance spectroscopy (EIS) was used to measure the temperature dependence of ionic conductivity on the uniformly heated Pam-alginate/EmimBF$_4$/PEG sample. The ionic conductivity was calculated from 12.5 mS cm$^{-1}$ at 10 $^\circ$C to 28.0 mS cm$^{-1}$ at 60 $^\circ$C (Figs. S17A and S18), which is higher than most polymer gels and i-TEs reported before (Fig. S17B) [2,26,27,40]. The high water content in Pam-alginate hydrogel not only secures the complete dissociation of EmimBF$_4$ but also facilitates the overall ion transport ascribed to a low viscosity background [16,41]. The increasing trend as a function of temperature is used to estimate the activation energy ($E_a$) based on the Arrhenius equation: $\sigma_T = \sigma_0 e^{-E_a/k_BT}$, where $\sigma$ is the ionic conductivity, $k_B$ is the Boltzmann constant, and $\sigma_0$ is the pre-exponential factor [12,42]. The $E_a$ of Pam-alginate/EmimBF$_4$/PEG is 150 meV, which is higher than the 103 meV of pristine Pam-alginate/EmimBF$_4$ (Fig. S19). A higher $E_a$ corresponds to a larger $S_i$.

Pam-alginate/EmimBF$_4$/PEG hydrogel exhibits a thermal conductivity ($\kappa$) of 0.53 W m$^{-1}$ K$^{-1}$ at 25 $^\circ$C (Fig. S17C). The thermal conductivity is lower than that in aqueous systems ($\sim 0.6$ W m$^{-1}$ K$^{-1}$) owing to the inclusion of water and polymers in Pam-alginate/EmimBF$_4$/PEG, and of which the main polymer (i.e., Pam) has a thermal conductivity $\sim 0.38$ W m$^{-1}$ K$^{-1}$ [43]. Low thermal conductivity brings the merit for maintaining a steady temperature difference across two electrodes [2].

Differential scanning calorimetry (DSC) was performed in the temperature range of 20–85 $^\circ$C (Fig. S17D). None of the Pam-alginate, Pam-alginate/EmimBF$_4$, Pam-alginate/EmimBF$_4$/PEG hydrogel has an endothermic peak transition during heating, which rules out the effect of phase change on $S_i$. Moreover, the cyclic voltammogram (CV) shows a nearly rectangular shape without redox peaks (Fig. S20), and there are negligible changes of the spectra in X-ray photoelectron spectroscopy.
(XPS) for the carbon paper electrode before and after undergoing a few heating-cooling cycles (Fig. S21), evidencing the pure capacitive behavior and absence of surface redox reactions.

2.4. Power generation in Pam-alginate/EmimBF₄/PEG

We demonstrated the power generation of Pam-alginate/EmimBF₄/PEG in Fig. 4A, and of which the device was subject to thermal charging at a ΔT of 3.4 °C at open circuit condition (stage I), electrical charging using a load resistance of 1 kΩ (stage II), equilibrium with removing thermal bias and keeping the circuit open (stage III), and electrical discharging using the same load resistance of 1 kΩ (stage IV) [28]. A $V_{thermal}$ of 48.15 mV was generated at stage I, and then decreased rapidly with charges being transferred via the external circuit during stage II (Fig. 4B). Thus, an opposite voltage was created to compensate the original $V_{thermal}$. The equilibrium of charge carriers in Pam-alginate/EmimBF₄/PEG happened when the temperature gradient was removed. The $V_{thermal}$ was further decreased to −21.82 mV at stage III. To connect the circuit with a load resistance at stage IV, the Pam-alginate/EmimBF₄/PEG produced discharging current and useful work in a capacitor-like manner (Fig. 4C). Additionally, a quasicontinuous working mode was performed on a Pam-alginate/EmimBF₄/PEG, where the device with nearly saturated $V_{thermal}$ at a ΔT of 3.1 °C was discharged to 0 V within 8 s by connecting to an external circuit. Meanwhile, the current increased linearly from 0 to the maximum (Fig. 4D) [14]. We applied such charge-discharge cycles over 50 min and the power density of the first cycle is shown in Fig. 4E, displaying parabolic behaviors with the maximum of 0.31 μW cm⁻², which is at least one order higher than that of most advanced i-TEs reported recently [15,40,44,45].

![Power generation in Pam-alginate/EmimBF₄/PEG](image)

Fig. 4. Power generation in Pam-alginate/EmimBF₄/PEG. (A) Four-stage charging-discharging behaviors of Pam-alginate/EmimBF₄/PEG. Inserts present corresponding electron flow. (B) and (C) Current plots in electrical charging (stage II), and discharging (stage IV), respectively. (D) Thermovoltage profile in quasicontinuous charging/discharging process for 30 cycles. (E) Power density (red) and thermovoltage (black) of the first cycle in D.

2.5. Device demonstration

A 40-cycle heating-cooling test was conducted on the Pam-alginate/EmimBF₄/PEG device to evaluate its cyclability, which involved a thermal charging process at a ΔT of 5 °C and a cooling process at room temperature. A Pam-alginate/EmimBF₄/PEG sample with the initial $S_i$ of 19.21 mV K⁻¹ underwent a slight decrease and kept ~14.52 mV K⁻¹ over 40 cycles (Fig. 5A). The high cyclability not only evidences the reversible temperature-induced ion transport of Emim⁺ and BF₄⁻ but also indicates that the macro morphology and internal structure of the hydrogel can be well retained. The loss of surface moisture content during the first three heating-cooling cycles is suspected to be the reason for the initial decrease.

Besides the ultrahigh $S_i$ and good cyclability, the Pam-alginate/EmimBF₄/PEG in the form of hydrogel possesses uniqueness and advantages for wearable power supply as compared with rigid and liquid counterparts [3]. Particularly, the Pam-alginate double-network hydrogel provides excellent stretchability via two covalent crosslinks inclusive of the bond through N, N'-methylenebisacrylamide, and the bond between amine groups on Pam chains and carboxyl groups on alginate chains [46]. Thus, the Pam-alginate/EmimBF₄/PEG displays a remarkable tensile property that can be stretched to 20 times of its original length with an elastic modulus of 2.8 kPa (Fig. S22). Moreover, the excellent scalability and tailorable architecture of Pam-alginate/EmimBF₄/PEG enable the manufacture of devices in various sizes and shapes, featuring the device suitable for e-skin applications. We showcased a Pam-alginate/EmimBF₄/PEG wristband in Fig. 1A and Movie S1, and of which a ring-size sample was stretched several times larger and then fitted the wrist. The $V_{thermal}$ with a magnitude of 6.7 mV was generated at ~1 °C when the sample was attached to the skin (Fig. S23). Even though the theoretical ΔT could be as high as 8 °C (i.e., skin temperature of 32 °C – ambient temperature of 24 °C), the actual ΔT for the power output was estimated to be approximately 1 °C due to a large temperature drop at thermal contact and epidermis [47]. A Pam-alginate/EmimBF₄/PEG wristband was also demonstrated on a glass bottle (Fig. 5B), where the hot water and ice were added in turns. Fig. 5C depicts the real-time open-circuit voltage ($V_{oc}$) profile. The temperature of the outer wall of the glass bottle and the outer surface of the sample
are denoted as \( T_{\text{wall}} \) and \( T_{\text{sample}} \), respectively. When hot water was poured into the glass bottle, both \( T_{\text{wall}} \) and \( T_{\text{sample}} \) increased and \( T_{\text{wall}} \) increased much faster than \( T_{\text{sample}} \), creating \( \Delta T \) across the two CP electrodes (Fig. 5D). A \( V_{\text{oc}} \) change from \(-2.8 \) mV to \(-48.0 \) mV was observed at 400 s with a \( \Delta T \) of 3.3 °C. After adding ice, \( T_{\text{wall}} \) and \( T_{\text{sample}} \) decreased along with reducing \( \Delta T \). The temperature and \( V_{\text{oc}} \) gradually returned while the ionic gradient slowly relaxed until the \( \Delta T \) disappeared. The temperature profile of the glass bottle at four different times were captured by infrared imaging (Fig. 5E1-E4). This demonstration can be viewed in Movie S2.

3. Conclusions

In summary, an emerging i-TE consisting of the hydrogel electrolyte and CP electrodes is reported, which exhibits a \( S_1 \) of 19.32 mV K \(^{-1} \) and power density of 0.31 \( \mu \)W cm \(^{-2} \). Using 2D DOSY \(^1\)H and \(^{19}\)F NMR, we directly verified the mechanism of cation-localization and a giant disparity between cations and anions, that leads to the regulated ion transport. Additionally, the excellent moldability and stretchability of the Pam-alginate/EmimBF\(_4\)/PEG device show great promise for wearable power supply, as demonstrated by i-TE wristband with a large
V\text{thermal}. Our work carries profound implications for the future development of i-TEs that beyond typical Seebeck effect, thermodiagnostic effect, and Soret effect. Through further optimization, the proposed transpiration-driven mechanism not only can generate power but also may help heat dissipation, which is fundamentally not possible for typical i-TEs to accomplish at the same time. In this study, the incorporation of directional ion flux and selective ion- localization within versatile hydrogel is an effective strategy for giant thermoelectric signature, which holds the blueprint of new low-grade heat harvesters \[12,28,48\].

4. Methods

4.1. Materials

Acrylamide (≥99%, Sigma-Aldrich) monomer, N, N'-methylenebisacrylamide (BIS, 99%, Sigma-Aldrich) cross-linker, ammonium persulfate (APS, ≥98%, Sigma-Aldrich) initiator, sodium alginate (Sigma-Aldrich), 1-ethyl-3-methylimidazolium tetrafluoroborate (EmimBF$_4$, ≥99%, Sigma-Aldrich), and polyethylene glycol (M$_w$ = 6000 Da, Sigma-Aldrich) were used without further purification. Deionized water (18.2 MQ) was used throughout the experiments.

4.2. Preparation of ionic thermoelectric hydrogel

12.2 g acrylamide and 1.22 g alginate were dissolved in deionized water at 25 °C to make a 100 ml homogeneous aqueous solution. 2.19 x 10^{-5} mol APS initiator and 4.67 x 10^{-5} mol BIS cross-linker were added. The solution was degassed for 5 min in a vacuum chamber before being poured into a rectangular glass mold or a 3D-printing circular mold which were coated with a layer of releasing agent (Ease Release 200, Smooth-On). The molds were covered tightly by glass sheets to avoid contact with air. The Pam-alginate double-network hydrogel was cured under ultraviolet illumination for 1.5 h and then soaked in EmimBF$_4$ aqueous solutions with various concentrations (e.g., 1 M, 1.3 M, 1.5 M and 2 M) for 16 h. Then, Pam-alginate/EmimBF$_4$ was subjected to the second soaking step in 0.05 g ml$^{-1}$ PEG aqueous solution for 1-3 h. The Pam-alginate/EmimBF$_4$/PEG samples were prepared by PEG with the molecular weight (M$_w$) of 6000 unless otherwise stated. The $S_\delta$ as a function of PEG M$_w$ and the effect of one-step soaking using a mixture of EmimBF$_4$ and PEG aqueous solution are discussed in Supplementary Note 4 (Figs. S24, S25).

4.3. Device fabrication

The liquid on the surface of the Pam-alginate/EmimBF$_4$/PEG hydrogel electrolyte was dried using the N$_2$ stream. The hydrogel electrolyte was sandwiched by nanoporous carbon papers (resistance 1.89 mΩ cm$^{-2}$), on which titanium foils were connected for collecting current due to their corrosion resistance and stability at our working temperature range. The thickness of the device is basically determined by the thickness of Pam-alginate/EmimBF$_4$/PEG hydrogel (2-3 mm). To prevent the water loss of hydrogels, polyolefin shrink films were utilized to encapsulate the entire device. Exceptionally, the wristband samples were sealed by polyolefin film partially for better fitting with our wrists and the glass bottle.

4.4. Electrochemical measurement

Electrochemical tests were performed using CHI 660E potentiostat. The heating and cooling were carried out on bottom and top electrodes by employing two thermoelectric modules, where the temperature was precisely controlled using the Labview program \[29\]. Besides, two thermocouples were placed upon and underneath the sample to record the temperatures at both sides, and the temperature measurement uncertainty was estimated to be ±0.5 °C.

EIS characterization was conducted using Gamry Reference 3000 potentiostat, and the samples were tested under open circuit condition with a voltage amplitude of 5 mV in the frequency range of 10^{-2}-10^{6} Hz. The ionic conductivity at different temperatures is calculated from $\sigma = \frac{\sigma_0}{R_0}$, where $R$ is retrieved at the frequency when the phase angle is closest to 0, $I$ is the distance between two carbon electrodes and $A$ is the area of the electrodes.

4.5. Characterization

Liquid phase 1D and 2D-diffusion-ordered spectroscopy (DOSY) $^1$H and $^{19}$F nuclear magnetic resonance (NMR) experiments were performed on a 9.4 Tesla Bruker Advance III 400 MHz NMR spectrometer equipped with a 5 mm $^1$H/$^{19}$F BBFO SmartProbe, and a Difflo probe with a selective RF-inset was used. 20 mg ml$^{-1}$ EmimBF$_4$ aqueous solution and EmimBF$_4$ aqueous solutions with PEG at various concentrations (i.e., 10 mg ml$^{-1}$, 20 mg ml$^{-1}$ and 40 mg ml$^{-1}$) were prepared in 0.5 ml D$_2$O. Stimulated echo bipolar gradient pulses with 2 spoil gradients were run in pseudo 2D mode with 32 increments for 2D-DOSY $^1$H and $^{19}$F NMR, operating at 400.1 and 376.45 MHz for $^1$H and $^{19}$F, respectively \[49\].

The in-situ heating DOSY $^1$H and $^{19}$F NMR experiments were carried out at three different temperatures (i.e., 21 °C, 30 °C and 40 °C) using a digital variable temperature unit (B-VT 3000).

$^1$H DOSY NMR for hydrogel was conducted on a Bruker Avance III 500 spectrometer equipped with a 4 mm $^1$H resonance (HR) magic-angle spinning (MAS) probe head operating at 500 MHz $^1$H Larmor frequency. The Pam-alginate hydrogel samples were prepared directly in the NMR tubes and of which the water is the mixture of H$_2$O/D$_2$O (9:1, v/v). The temperature was controlled at 21 °C for 15 min before the measurement.

The diffusion coefficient (D) is characterized based on the Stejskal-Tanner equation \[35\],

$$\ln \left(\frac{I_0}{I}\right) = -\gamma^2 G^2 \Delta \left(1 - \frac{3}{2} \delta \right) D = -ZD \tag{1}$$

$$Z = \gamma^2 G^2 \Delta \left(1 - \frac{3}{2} \delta \right) \tag{2}$$

where $G$ is the pulse-field gradient strength, $\Delta$ is the time separation between pulsed-gradients, $\delta$ is the duration of the pulses and $\gamma$ is the gyromagnetic ratio. The $I_0$ and $I$ are the signal intensity at $G$ and $G=0$, respectively, and the product $\gamma^2 G^2 \Delta \left(1 - \frac{3}{2} \delta \right)$ is termed the Z value. All specific parameters adopted to DOSY $^1$H and $^{19}$F NMR measurements are discussed in Supplementary Note 3.

Raman spectra were obtained in the range of 200–4000 cm$^{-1}$ using a confocal Raman microscope (LabRAM HR Evolution, Horiba) equipped with a diode-pump solid-state (DSPP) laser (532 nm) and a neutral-density filter (ND filter). The laser was focused using a 50 x objective (NA = 0.5). The number of gratings in the Raman microscope was 600 groove mm$^{-1}$. The acquisition time of a single Raman spectrum was 8 s.

Thermal conductivity of Pam-alginate hydrogel with EmimBF$_4$ and PEG was measured using transient hot-wire method (TC3000 thermal conductivity meter, XIA Tech). Before each measurement, the temperature was kept for 20 min, and the measurement at each temperature was made in triplicate.

Mechanical tests of the hydrogels were conducted in air, at room temperature, using an Instron 3340 single column universal materials test machine equipped with pneumatic clamping. The loading rate was kept at 15 mm min$^{-1}$.

Differential scanning calorimetry (DSC) analysis was performed on Discovery DSC (TA Instruments) at the temperature range of 20–90 °C with a heating/cooling rate of 10 °C min$^{-1}$ under nitrogen flow.
Appendix

Fig. 2C shows the thermopower of best reported TECs and i-TEs relying on various working principles from top to bottom: thermogalvanic effect: ferric/ferrous (Fe²⁺/³⁺) aqueous electrolyte through graphene oxide/platinum (GO/Pt) cathode and PANI anode (GO/Pt | Fe²⁺/³⁺ | PANI) [29]; ferri/ferrocyanide (Fe(CN)⁶⁻/⁴⁻) aqueous electrolyte with guanidinium chloride (GdmCl) and urea through two graphite electrodes (Graphite | Fe(CN)⁶⁻/⁴⁻-urea/GdmCl | Graphite) [23]; Fe(CN)⁶⁻/⁴⁻ aqueous electrolyte with methanol through two platinum (Pt) electrodes (Pt | Fe(CN)⁶⁻/⁴⁻-methanol | Pt) [22]; poly(vinylene fluoride)/cobalt bipyridyl bis(trifluoromethanesulfonil)amide with 3-methoxypipronitrite ([Co(bpy)³⁺/²⁺]-NTf²⁻/₄⁻)-MPN in poly(vinylene fluoride-coxahaufluoropropylene) (PVDF-HFP) gel through Pt-Pt electrodes (Pt | [Co(bpy)³⁺/²⁺]-NTf²⁻/₄⁻/MPN/PVDF-HFP | Pt) [25]; Fe(CN)⁶⁻/⁴⁻ with cellulose matrix through two nickel (Ni) electrodes (Ni | Fe(CN)⁶⁻/⁴⁻-cellulose | Ni) [21] Fe(CN)⁶⁻/⁴⁻ in polyvinyl alcohol (PVA) gel through two gold/chromium (Au/Cr) electrodes (Au/Cr | Fe(CN)⁶⁻/⁴⁻-PVA | Au/Cr) [2]; Fe(CN)⁶⁻/⁴⁻ in sodium polycarbonate gel through Pt-Pt electrodes (Pt | Fe(CN)⁶⁻/⁴⁻-sodium polycarbonate | Pt) [8]; Fe²⁺/³⁺ in PVA gel through two Au/Cr electrodes (Au/Cr | Fe²⁺/³⁺-PVA | Au/Cr); Our work: Pam-alginate/EmimBF₄; Pam-alginate/EmimBF₄/PEG. Sorbet effect: 1-ethyl-3-methylimidazolium bis(trifluoromethylsulfonyl)imide (EmimTFSI) in PVDF-HFP gel through two gold (Au) electrodes (Au | EmimTFSI/PVDF-HFP | Au) [27]; poly(4-styrenesulfonic acid) (PSS) polymer PSSH through two PANI coated electrodes containing graphite and CNT (PANI/CNT-G) | PANI/CNT-G) [26]; EmimTFSI with PEG in PVDF-HFP gel through Au-Au electrodes (Au/Cr | PEDOT:PSS/CuCl₂) – Au-Au electrodes (Au/Cr | PEDOT:PSS/CuCl₂ | Au/Cr) [14].

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## CRediT authorship contribution statement

**C.L., Q.K.L. and S.P.F.** conceived the design and conducted the experiments. **C.L., Q.K.L. and J.W.** conducted the experiments. **N.X.F.** contributed to the experiment design and thermopower analysis. **W.S.L.** contributed to the experiment design and thermopower analysis. **C.L., Q.K.L. and S.J.W.** conducted the experiments. **N.X.F.** contributed to the experiment design and thermopower analysis. **W.S.L.** contributed to the experiment design and thermopower analysis. **C.L., Q.K.L. and S.P.F.** are inventors on a patent of US Appl. 63/142,279.

## Declaration of Competing Interest

**C.L., Q.K.L. and S.P.F.** are inventors on a patent of US Appl. 63/017066, 2020. The authors declare no competing interests.

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